

## COMPILATION OF MATERIALS FOR FAMILIES GOING THROUGH OR HAVING GONE THROUGH DIVORCE

(Compiled by Dan Barron with the help of many others)

### BOOKS FOR PARENTS:

<u>Name</u>	<u>Author</u>
The Everyday Guide to Special Education Law	Randy Chapman (May need to Order from The Legal Center for People with Disabilities and Older People in Denver 800-288-1376 or email at publications@thelegalcenter.org)
The Good Divorce	Constance Ahrons, PhD.
We're Still Family	Constance Ahrons, PhD.
Winning Custody-A Woman's Guide to Retaining Custody of her Children	Deedra B. Hunter
The Price of Motherhood-Why the Most Important Job in the World is Still the Least Valued	Ann Crittendon
The Ten Biggest Legal Mistakes Women Can Avoid	Marilyn Barrett
Parenting from the Inside Out	Dan Siegel and Mary Hartsel
Raising a Secure child	Dr. Zeynep Birnigen
Everyday Blessings: the Inner Work of Mindful Parenting	John and Myla Kabat-Zinn
Mom's House, Dad's House	Isolina Ricci
Parents Are Forever	Shirley Thomas
Making Divorce Easier on Your Child	Nicholas Long
Helping Your Kids Cope with Divorce The Sandcastles Way	M. Gary Neuman
Single Father's Handbook	Gatley & Koulack

Explaining Divorce to Children	Grollman
Vicki Lansky's Divorce Handbook	Vicki Lansky
Helping Your Children With Divorce	Teyber
Step-Families-Myths and Realities	Visher and Visher
The Disposable Parent	Roman
101 Ways to be a Long Distance Super Dad: Don't Divorce Your Kids	Newman
Rebuilding When Your Relationship Ends	Fisher
Caught in the Middle: Protecting the Children Of High Conflict Divorce	Baris and Garrity
Co-Parenting: A Source Book for the Separated Or Divorced Family	Galper, Mirism

#### **CHILDREN'S BOOKS:**

<u>Name</u>	<u>Author</u>
Why are We Getting Divorced	Mayle/Robins
Dinosaurs Divorce	Little/Brown
Please Come Home	Sanford/Evans
It's Not Your Fault, Koko Bear	Vicki Lansky
Two Homes	Claire Masurel
Mama and Daddy Bear's Divorce	Cornelia Maude Spelman
How to Go to Visitation Without Throwing Up	Joshua Shane Evans
I Don't Want to Talk About It	Jeannie Franz Ransom
Dear Mr. Henshaw	Beverly Cleary

My Parents Are Divorced, Too	Jan Blackstone-Ford
How It Feels When Parents Divorce	Jill Kremenz
The Divorce Helpbook for Teens	Cynthia MacGregor
Where's Daddy	Goff
Split; A Graphic Reality Check for Teens Dealing With Divorce	Marcus Brotherton
Mom and Dad Don't Live Together Anymore	Shinson
Good Answers to Tough Questions	Berry
Where Do I Belong?	Bradley
Daddy Doesn't Live Here Anymore	Bogehold
Talking About Divorce and Separation	Grollman
I Have Two Families	Helmering
Liking Myself	Palmer
Divorce Can Happen to the Nicest People	Propkop
The Kid's Book of Divorce (by, for and about Kids)	Rofes
It's Not the End of the World	Blume
All Grown Up and No Place to Go	David Elkind
Boy's and Girl's Book About Divorce	Gardner
How to Get It Together When our Parents Are Coming Apart	Richards & Willis

**ACTIVITY BOOKS FOR CHILDREN AND ADULTS:**

<u>Name</u>	<u>Author</u>
All Together	Jim and Joan Boulden

Divorce and Remarriage Activity Book, My Story Jim and Joan Boulden

Living With Divorce

Garigan & Urbanski

**DVD's**

Taking the "Duh" Out of Divorce by Trevor Romain

## References Books on the Topic of Divorce

Stewart, Karen. "Clean Break: How to Divorce with Dignity and Move on with your Life"

Ahrons, Constance. "The Good Divorce"; "We're Still A Family"

Emery, Robert. "The Truth About Children and Divorce"

Marquardt, Elizabeth. "Between Two Worlds: The Inner Lives of Children of Divorce"

McDonough, Hanna & Bartha, Christina. "Putting Children First – A Guide For Parents Breaking Up"

Newman, Gary. "Helping Your Kids Cope With Divorce: The Sandcastles Way"

Pruett, Kyle. "Fatherneed: Why Father Care Is as Essential As Mother Care For Your Child"

Ricci, Isolina. "Mom's House, Dad's House: Making Two Homes For Your Child"

Wallerstein, Judith & Lewis, J. "What About The Kids?"

Cochrane 4<sup>th</sup> Edition . Surviving your DIVORCE

Children to Read:

Blume, Judy. "It's Not The End Of The World"

Brown, Lawrence & Brown, Marc. "Dinosaurs Divorce"

Lansky, Vicky. "It's Not Your Fault Ko-Ko Bear"

Levins, Sandra. "Was It The Chocolate Pudding?"

Moore-Mallinos, Jennifer. "When My Parents Forgot How To Be Friends"

Rogers, Fred. "Let's Talk About It: Divorce"